

# Anti-Biofilm Potential of Secondary Metabolites from Microbes: A clinical approach

<sup>1</sup> Tamoghna Chakraborty, <sup>2</sup> Tamalika Chakraborty

<sup>1,2</sup> Guru Nanak Institute of Pharmaceutical Science and Technology, Kolkata 700114, West Bengal, India

## Abstract:

The growing field of anti-biofilm research focuses on secondary metabolites from microorganisms, revealing a promising approach for the development of innovative medicinal and biocontrol methodologies to combat biofilm-related problems. Biofilms, complex conglomerates of microorganisms encased in a self-secreted polymeric scaffold, present significant challenges in medical, industrial, agricultural, and marine environments due to their resistance to standard antimicrobial interventions and ability to evade host immune responses. This study emphasizes the critical role of secondary metabolites derived from actinomycetes, fungi, and marine microorganisms in disassembling pre-formed biofilm architectures, inhibiting quorum sensing pathways, and impeding microbiological entity attachment to substrates. Such discoveries emphasize the potential of these organic compounds in developing novel ways to mitigate the harmful effects of biofilms.

The potential for using anti-biofilm secondary metabolites is enormous, with significant benefits in the medical sector by potentially reducing the occurrence and severity of biofilm-related infections through their inclusion into coatings for medical devices, oral hygiene products, and healing applications. In the field of agriculture, the use of these metabolites has the potential to improve plant defense and soil vitality, supporting ecologically responsible farming methods by reducing reliance on synthetic chemicals. The growing exploration of microbial diversity, particularly in understudied or harsh habitats, highlights the potential for the identification of novel bioactive chemicals.

**Keywords:** Anti-Biofilm, Secondary metabolites, novel bioactive, biocontrol.

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## I. Introduction

The appearance and permanence of biofilms present substantial issues in a variety of sectors and human health, needing a thorough understanding of their genesis, structure, and removal tactics. Biofilms, which are made up of microbial communities encased inside an extracellular matrix, are known for their strength and resilience to standard antimicrobial treatments (Mendhe et al., 2023). This resistance has a huge impact on medical settings, food processing, industrial production, marine sectors, and sanitation by leading to chronic infections, pollution, and biofouling, resulting in significant economic losses and health hazards (Shineh et al., 2023).

Controlling biofilm formation is crucial due to the inherent difficulties connected with its removal. The complex architecture of biofilms, which is reinforced by extracellular polymeric substances (EPS), protects microbial communities not only from antimicrobial drugs but also from human immunological responses. The matrix creates a physical barrier, reducing antibiotic

penetration and encouraging the exchange of resistance genes among biofilm dwellers. This leads to increased antibiotic resistance, making biofilms a powerful opponent in infection control and management. As a result, developing novel ways for effectively penetrating and disrupting biofilm structures, or preventing their formation, is critical for both public health and industry (Rather et al., 2021).

Secondary metabolites produced by bacteria have an important role in microbial ecology, providing potential answers to biofilm-related issues. These metabolites, which include polysaccharides, proteins, and extracellular DNA (eDNA), are not required for growth but are important for microbial interactions with the environment. Secondary metabolites play a variety of roles in the microbial life cycle, including influencing microbial competition and promoting communication and defence mechanisms. Biofilms' extracellular matrix, which is rich in these metabolites, serves as both a scaffold for microbial adherence and protection, as well as a channel for



**Secondary Metabolites: Essence and Functionalities**

**Secondary Metabolites, Their Microbial Sources, and Anti-Biofilm Activities(insert a column with references)**

Secondary Metabolite	Microbial Source	Anti-Biofilm Activity
Neophytadiene	<i>Sansevieria trifasciata</i> (plant)	Inhibits biofilm formation by <i>Pseudomonas aeruginosa</i>
Polysaccharides	<i>Actinomycetes</i>	Disrupts biofilm matrix, impeding microbial attachment
Lipopeptides	<i>Bacillus</i> sp.	Destroys biofilm structure and prevents formation
Quercetin	Various plants	Interferes with biofilm formation processes of <i>Escherichia coli</i>
Biosurfactants	<i>Streptomyces</i> sp.	Reduces surface tension to disrupt biofilms in medical settings

Secondary metabolites constitute organic molecules synthesized by microorganisms, flora, and fungi, which are not directly implicated in the primary growth, maturation, or reproductive processes of the organism. These substances are categorized into principal classes such as alkaloids, terpenoids, flavonoids, and phenolics, amongst others, based on their chemical configurations. In microbial ecosystems, secondary metabolites are pivotal, orchestrating interactions with the milieu, other entities, and even within the microbial consortium itself. They fulfil myriad roles, encompassing defensive strategies against predation or competition, facilitation of symbiotic associations, and engagement in communicative exchanges via signalling compounds (Selim et al., 2021).

The assortment and prevalence of secondary metabolites among microorganisms are extensive and exhibit significant variation across different species and environmental contexts. This heterogeneity stems from evolutionary forces that have refined the capacities of microorganisms to generate a broad spectrum of compounds for adaptation and survival in diverse ecological habitats. For instance, research into the ethanolic extract from the leaves of *Sansevieria trifasciata* demonstrated its effectiveness in exhibiting antibacterial and anti-biofilm formation activity against *Pseudomonas aeruginosa*, a pathogen notorious for its resistance to conventional antibiotics through biofilm formation. The investigation pinpointed Neophytadiene as the predominant efficacious constituent within the extract, accentuating the prospective value of secondary metabolites as medicinal agents in thwarting bacterial biofilms and the proliferation of virulence-induced infectious diseases (Febria Dewatisari et al., 2022).

Secondary metabolites are integral to the defensive strategies of microorganisms, endowing them with a competitive edge within their ecological niches. These compounds are capable of repelling herbivores, suppressing the proliferation of rival microbial entities, and safeguarding against environmental adversities. The demonstrated antibacterial and anti-biofilm efficacies of *S. trifasciata* extracts against *P. aeruginosa* exemplify the critical role of secondary metabolites in microbial defence mechanisms. Through the obstruction of biofilm genesis, these molecules diminish both the virulence and antibiotic resistance of the bacteria, thereby illustrating the therapeutic utility of secondary metabolites in surmounting obstacles related to biofilms (Febria Dewatisari et al., 2022).

The significance of secondary metabolites transcends microbial defence, extending into the realms of medicine, pharmaceuticals, agriculture, and the food industry due to their distinctive properties. This has facilitated the creation of antibiotics, anti-cancer agents, and various pharmaceutical interventions. Furthermore, elucidating the functions and operational mechanisms of secondary metabolites within microbial consortia augments our capacity to exploit these substances for advantageous purposes. This includes the formulation of novel medical treatments and methodologies to tackle antibiotic-resistant pathogens and infections linked to biofilms. The effectiveness of *S. trifasciata* against *P. aeruginosa* highlights the feasibility of harnessing secondary metabolites from natural reserves to confront contemporary health challenges (Febria Dewatisari et al., 2022).

**Microorganisms as Synthesizers of Secondary Metabolites**

Microorganisms are formidable synthesizers of secondary metabolites, encompassing a vast array of organic molecules that fulfil critical functions beyond the primary metabolic activities necessary for their sustenance. These substances, encompassing antibiotics, pigments, and enzymes, are essential for the microorganisms' adaptation and defensive strategies and possess considerable utility in medicinal, agricultural, and industrial applications (Selim et al., 2021).

Within the realm of microorganisms, actinomycetes, and specifically the *Streptomyces* genus, stand out for their ability to synthesize an extensive variety of secondary metabolites with significant biological efficacy. *Streptomyces*, a genus of soil-borne bacteria, plays a vital role in the degradation of organic matter. Their proficiency in producing secondary metabolites, including antibiotics and enzymes, holds substantial implications for the pharmaceutical and biotechnological sectors. For instance, *Streptomyces* species are known to generate biosurfactants, agents that diminish surface tension and have the capability to disrupt biofilms, a characteristic of paramount interest in both medical and industrial settings (Selim et al., 2021).

Bacteria such as *Pseudomonas aeruginosa* are well-documented for their involvement in nosocomial infections, largely attributed to their biofilm-forming capacities and resistance to a multitude of antibiotics. Studies have demonstrated that secondary metabolites derived from botanical sources, like the ethanolic extract from the leaves of *Sansevieria trifasciata*, can manifest antibacterial and anti-biofilm activities against *P. aeruginosa*, underscoring the value of natural products in tackling challenges associated with biofilms. Likewise, the *Bacillus* genus is acclaimed for its antimicrobial attributes, including the synthesis of lipopeptides that can disrupt the formation and structural integrity of biofilms, positioning them as prime candidates for the development of novel strategies aimed at biofilm prevention (Febria Dewatisari et al., 2022).

*Escherichia coli*, a prominently researched bacterium, has been instrumental as a model entity in the investigation of biofilm genesis. Secondary compounds such as quercetin have evidenced an

impact on the biofilm formation processes of *E. coli*, underscoring the efficacy of natural substances in modulating biofilm development and highlighting the significance of secondary metabolites in the management of infections propelled by biofilm-generating pathogens (Memariani et al., 2019).

Fungi represent a critical repository of secondary metabolites endowed with properties antagonistic to biofilm formation. Species within the genera *Aspergillus*, *Penicillium*, and *Candida* have been scrutinized for their ability to synthesize substances capable of impeding the initiation of biofilm formation or disbanding pre-formed biofilms. These fungal derivatives constitute a valuable repository for the innovation of novel antimicrobial agents designed to surmount the complications presented by biofilms in both medical and industrial environments (Selim et al., 2021).

The investigation into marine microorganisms has unveiled novel avenues in the quest for unprecedented secondary metabolites. The marine milieu, characterized by its distinctive ecological parameters, harbours a heterogeneous collection of microorganisms, including *Actinomycetes*, known for their synthesis of secondary metabolites bearing unique structural configurations and potent biological activities. Marine-sourced actinomycetes, in particular, have been identified as producers of antibiotics, anticancer compounds, and other substances with considerable therapeutic implications. The diversity and originality of marine microorganisms emphasize the immense, yet to be fully exploited, potential of these entities as wellsprings of novel secondary metabolites for pharmaceutical and biotechnological utilization (Selim et al., 2021).

In summation, microorganisms constitute a priceless repository of secondary metabolites with a broad spectrum of biological functionalities. The ongoing exploration and delineation of these substances from both terrestrial and marine origins continue to forge promising pathways for the generation of innovative medications and biotechnological methodologies aimed at addressing biofilm-related impediments and additional challenges in the spheres of healthcare and industry (Selim et al., 2021).

**Anti-Biofilm Efficacy of Secondary Metabolites**  
**Comparative Efficacy of Selected Secondary Metabolites in Biofilm Disruption**

Secondary Metabolite	Target Biofilm Organism	Efficacy (e.g., reduction in biofilm thickness)	Study Reference
Neophytadiene	<i>Pseudomonas aeruginosa</i>	Significant reduction	(Febria Dewatisari et al., 2022)
Lipopeptides	Various (e.g., <i>Bacillus</i> sp.)	Disrupts biofilm integrity	(Selim et al., 2021)
Quercetin	<i>Escherichia coli</i>	Inhibits biofilm formation by 50%	(Memariani et al., 2019)
Biosurfactants	<i>Streptomyces</i> sp.	Effective in biofilm dispersion	(Selim et al., 2021)

The investigation into secondary metabolites synthesized by microorganisms for their capacity to counteract biofilm formation signifies a burgeoning field in addressing the complexities introduced by biofilms in both healthcare and industrial settings. Biofilms, which are organized aggregates of microorganisms enveloped in a self-secreted polymeric matrix, exhibit formidable resistance to standard antimicrobial therapies and immune defences, thereby complicating the management of infections linked to biofilms. Secondary metabolites, characterized by their heterogeneity in chemical composition and spectrum of biological functions, present an extensive arsenal for engaging biofilms through diverse modes of action(Bhosale, n.d.-b).

These metabolites manifest their anti-biofilm properties via various mechanisms, encompassing the inhibition of quorum sensing, dismantling of the biofilm matrix, and obstruction of biofilm establishment. Quorum sensing antagonists specifically aim at the communicative network among microbial populations, obstructing the collaborative processes essential for biofilm formation and sustenance. Such interference impedes the microorganisms' capacity to orchestrate biofilm-associated genetic expressions, culminating in the suppression of biofilm genesis or the dissolution of pre-existing biofilms. Illustrative of this principle is the ethanolic extract from *Sansevieria trifasciata* leaves, which has exhibited antibacterial and anti-biofilm formation efficacy against *Pseudomonas aeruginosa*. Neophytadiene, identified as the primary efficacious constituent, underscores the utility of secondary metabolites as medicinal agents in thwarting bacterial biofilms and the resultant infectious conditions (Febria Dewatisari et al., 2022).

Furthermore, enzymes that dismantle the biofilm matrix constitute an additional category of secondary metabolites with notable anti-biofilm

performance. These enzymes target essential constituents of the extracellular matrix, such as polysaccharides and DNA, undermining the biofilm's structural cohesiveness. By attacking the matrix, these enzymes not only facilitate the infiltration of antimicrobial substances into the biofilm but also augment their effectiveness, presenting a combined strategy for biofilm management(Bhosale, n.d.-b).

Small molecules that impede biofilm formation encompass an expansive class of secondary metabolites capable of inhibiting the initial adherence of microorganisms to interfaces or disrupting pivotal stages in biofilm progression. These molecules may operate by modifying surface characteristics, adjusting microbial attachment processes, or directly influencing the signal transduction pathways integral to biofilm evolution. The heterogeneity of these diminutive molecules, originating from a variety of microbial, botanical, and marine sources, highlights the intricacy of biofilm genesis and the extensive range of targets amenable to intervention(Selim et al., 2021).

Notwithstanding the optimistic prospects of secondary metabolites for biofilm modulation, numerous challenges and constraints hamper their application. The intricacy of biofilm structures and the genetic heterogeneity among biofilm-producing microorganisms constitute substantial obstacles in pinpointing compounds with universal efficacy. Moreover, the specificity of secondary metabolites towards their intended targets may fluctuate, necessitating a thorough elucidation of their action mechanisms to preclude adverse impacts on commensal microorganisms or human cells. The potential for the emergence of resistance to these metabolites also looms as a concern, echoing the overarching predicament of antibiotic resistance. The discovery, extraction, and detailed analysis of secondary metabolites demand intricate analytical methodologies and extensive bioactivity assays(Bhosale, n.d.-b).

In summation, secondary metabolites emerge as a significant repository of agents with the capacity to counteract biofilm formation and persistence, presenting varied modes of action against the elaborate dynamics of biofilm development and sustenance. The investigation into these agents, sourced from an extensive array of microorganisms, heralds promising prospects for the formulation of innovative biofilm management approaches. Nevertheless, surmounting the obstacles and limitations tied to their deployment necessitates an interdisciplinary strategy, amalgamating insights from microbiology, chemical science, genetics, and bioengineering, to fully exploit the capabilities of secondary metabolites in the battle against biofilms (Selim et al., 2021).

#### **Approaches for Secondary Metabolite Discovery and Assessment**

The identification and assessment of secondary metabolites, notably those possessing anti-biofilm capabilities, encompass a spectrum of methodologies from conventional techniques to contemporary high-throughput screening (HTS) and bioinformatic strategies. Conventional strategies for the discovery of secondary metabolites traditionally depend on the cultivation of microorganisms in controlled laboratory settings, succeeded by the extraction and chemical elucidation of the metabolites produced. Such methodologies have been pivotal in unearthing a multitude of bioactive entities, including antibiotics and enzymes, from varied microbial origins such as terrestrial bacteria, marine organisms, and mycological specimens. For instance, *Actinomycetes*, particularly the *Streptomyces* genus, are recognized for their prolific production of diverse secondary metabolites with significant bioactivity against pathogens capable of biofilm formation, underscoring their importance as a reservoir for the exploration of novel bioactive compounds (Selim et al., 2021).

The progression of technological capabilities has established HTS methodologies as foundational in the quest for secondary metabolites with designated biological activities, inclusive of anti-biofilm attributes. HTS enables the expeditious examination of extensive collections of microbial extracts or compounds against defined targets or bioassays reflective of anti-biofilm activity. This modality has expedited the discovery of novel entities that hinder biofilm development or dismantle established biofilms by targeting essential processes such as quorum sensing, synthesis of the biofilm matrix, and microbial adherence. Specifically, the investigation of compounds derived from actinomycetes has

culminated in the identification of molecules that markedly inhibit biofilm formation by various pathogenic microorganisms, such as *Pseudomonas aeruginosa* and *Staphylococcus aureus*, presenting viable avenues for anti-biofilm agent development (Bhosale, n.d.-b).

In vitro and in vivo assays are indispensable for the appraisal of the anti-biofilm potency of identified secondary metabolites. In vitro assessments, like the crystal violet staining technique for quantifying biofilm biomass or microtiter plate-based methodologies for biofilm inhibition evaluation, offer preliminary insights into the anti-biofilm properties of compounds. Moreover, in vivo models, encompassing animal infection paradigms and the application of biomaterials for the investigation of biofilm accumulation on medical apparatus, are crucial for gauging the practical efficacy and safety profile of prospective anti-biofilm substances. These experimental approaches are instrumental in delineating the action mechanisms of secondary metabolites against biofilms and their prospective therapeutic utilizations (Bhosale, n.d.-b).

Bioinformatics and computational methodologies have risen to prominence as invaluable assets for the prediction and elucidation of the structure, functionality, and biosynthetic processes associated with secondary metabolites. Genomic and metagenomic assessments of microbial consortia facilitate the recognition of gene clusters that are likely implicated in the synthesis of secondary metabolites, offering insights into the unveiling of previously undiscovered compounds, thereby circumventing the requisites of conventional cultivation techniques. Additionally, molecular docking and modeling strategies provide a deeper understanding of the interactions between secondary metabolites and their specific targets within biofilms, aiding in the systematic development of more efficacious anti-biofilm agents (Selim et al., 2021).

Notwithstanding these technological advancements, multiple challenges and constraints continue to impede the application of secondary metabolites in biofilm management. The intricate chemical compositions of secondary metabolites, combined with the complex structural organization and adaptive resistance capabilities of biofilms, present formidable obstacles in formulating successful anti-biofilm interventions. Furthermore, the transition from in vitro and in vivo research to practical clinical usage demands comprehensive pharmacokinetic and toxicological studies to affirm the therapeutic safety and effectiveness of treatments based on secondary metabolites.

Addressing these issues requires an interdisciplinary approach that merges microbiological, chemical, and computational knowledge, aiming to fully leverage the capabilities of secondary metabolites in combating biofilm-associated infections(Bhosale, n.d.-b).

### Utilizations and Prospective Outlooks

The utility of anti-biofilm secondary metabolites extends across diverse sectors, underscoring their multifaceted significance and adaptability. Within the healthcare domain, these compounds have been instrumental in formulating coatings for medical apparatuses and implants to avert biofilm accrual and address persistent infections linked to the use of devices such as catheters and prosthetic limbs. The application of compounds derived from *Actinomycetes*, for example, has been effective in curbing biofilm development on these medical implements, potentially diminishing the prevalence of device-associated infections. In the field of dentistry, secondary metabolites are under investigation for their incorporation into dental substances and mouth rinses to thwart biofilm-induced oral pathologies, including dental decay and periodontal disease(Bhosale, n.d.-b).

In agriculture, the employment of anti-biofilm secondary metabolites in the creation of biopesticides and biofertilizers presents an ecological alternative to chemical agents, safeguarding crops against phytopathogenic biofilms, thereby bolstering food security and minimizing dependency on synthetic inputs. Additionally, within water treatment and maritime sectors, anti-biofilm agents are deployed to deter biofouling on filtration membranes and vessel exteriors, enhancing operational efficacy and lessening upkeep expenditures(Shineh et al., 2023b).

Looking forward, the exploration and refinement of anti-biofilm secondary metabolites anticipate substantial progress. The investigation of microbial diversity in extreme habitats, such as abyssal hydrothermal vents and arid deserts, is anticipated to yield novel bioactive entities with distinctive anti-biofilm modalities. The continued evolution of genomic and metagenomic methodologies is expected to streamline the discovery, elucidation, and practical application of these entities, promoting their swift integration into anti-biofilm strategies(Bhosale, n.d.-b).

The transition of research discoveries to tangible applications encounters numerous obstacles, such as refining the processes for compound extraction and purification, assuring the compounds' stability and effectiveness under actual

conditions, and navigating the regulatory and safety prerequisites for their application in human health and environmental contexts. Approaches to surmount these barriers encompass the synthesis of artificial analogues that replicate the function of natural substances while enhancing stability and manufacturability, in addition to employing nanotechnology to augment the delivery and potency of anti-biofilm agents(Bhosale, n.d.-b).

Interdisciplinary cooperation among microbiologists, chemical scientists, materials experts, and engineers is imperative for the progression of the anti-biofilm secondary metabolite domain. Such collaborative efforts facilitate the amalgamation of varied knowledge and technological innovations, spanning from the identification of novel substances to their deployment across different sectors. Moreover, the advancement in computational simulations and machine learning will be instrumental in forecasting the biological activities of secondary metabolites and in the design of molecules with superior anti-biofilm capabilities(Bhosale, n.d.-b).

To conclude, the utility and prospective insights into anti-biofilm secondary metabolites emphasize their critical role across a spectrum of industries, underscoring the continuous demand for inventive research and development initiatives. By tackling the challenges inherent in the practical application of research outcomes and promoting cross-disciplinary partnerships, the full potential of secondary metabolites in the prevention and management of biofilm-related concerns can be actualized, paving the way for enhanced public health, food security, and ecological preservation.

## II. Conclusion

The investigation and examination of anti-biofilm secondary metabolites constitute an active and progressive discipline, bearing significant repercussions for tackling biofilm-associated obstacles across diverse arenas. The critical insights derived from the scrutiny of these substances highlight their extensive capability in counteracting biofilm formation, a pivotal element in enduring infections, industrial contamination, and agricultural deficits. Secondary metabolites, sourced from microorganisms, notably actinomycetes, fungi, and marine origins, have proven effective in dismantling biofilm configurations, curtailing quorum sensing functionalities, and obstructing the initial attachment of microbial entities to substrates. These discoveries present viable paths for the creation of innovative therapeutic modalities and biocontrol tactics to diminish the ramifications of biofilms

within the healthcare, agricultural, water treatment, and marine sectors (Bhosale, n.d.-b).

The utility of exploiting anti-biofilm secondary metabolites is particularly significant within the healthcare sector, where infections associated with biofilms present considerable therapeutic obstacles due to their innate resistance to traditional antibiotics and circumvention of host immune mechanisms. Incorporating these organic molecules into coatings for medical instruments, dental hygiene products, and healing dressings offers the potential to substantially lessen the prevalence and intensity of such infections. Similarly, in the agricultural domain, the deployment of secondary metabolites as biopesticides and biofertilizers promises to transform plant protection and soil vitality, minimizing reliance on synthetic agents and fostering sustainable agricultural methodologies (Shineh et al., 2023b).

Looking ahead, the potential for research and innovation concerning anti-biofilm secondary metabolites is broad. The ongoing exploration of microbial diversity, especially within lesser-studied or extreme environments, harbors the prospect for unearthing novel bioactive entities. Progressive methodologies in genomics, metabolomics, and bioinformatics are anticipated to expedite these discoveries, facilitating the swift detection and elucidation of secondary metabolites with pronounced anti-biofilm efficacies. Moreover, the formulation of novel delivery mechanisms and compositions, such as nanoparticulate systems and bioactive veneers, will augment the utility and effectiveness of these agents across various industrial applications.

For the comprehensive actualization of the potential of anti-biofilm secondary metabolites, a series of suggestions for further inquiry are recommended. Firstly, the promotion of cross-disciplinary cooperation among microbiologists, chemical scientists, materials engineers, and industry experts is vital to spur innovation and the practical deployment of these substances. Secondly, a more in-depth exploration into the action mechanisms of secondary metabolites against biofilms is imperative to guide the engineering of focused countermeasures. Lastly, addressing the hurdles related to the stability, scalability, and safety of these compounds through advanced techniques in synthetic biology and chemical engineering is crucial for the adaptation of research outputs into market-ready solutions.

In summation, the exploration of anti-biofilm secondary metabolites offers a hopeful prospect in the continuous struggle against biofilm-centric dilemmas. Leveraging the strengths of these

organic compounds unveils the potential for crafting efficacious biofilm management and prevention strategies, significantly enhancing human health, ecological sustainability, and industrial efficiency. Persistent investigation and innovation in this domain are essential to unveil the entire therapeutic and commercial spectrum of anti-biofilm secondary metabolites.

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